

COMMENTARY

Resistant to amyloid- β or just waiting for disease to happen?

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See related research by Moore *et al.*, <http://alzres.com/content/4/3/18>

Abstract

The post-mortem finding of abundant intracerebral accumulation of amyloid- β (A β) in the cerebral cortex of some people who develop minimal neurofibrillary pathology and remain cognitively intact until death (so-called pathological aging, or PA) challenges the orthodox view of the pathogenesis of Alzheimer's disease (AD). This issue of *Alzheimer's Research & Therapy* reports a study by Moore and colleagues, of the McKnight Brain Institute (Gainesville, FL, USA) and the Mayo Clinic College of Medicine (Jacksonville, FL, USA), who have performed the most detailed analysis to date of the levels and types of A β that accumulate in such cases. Although the levels of the different forms of A β in prefrontal cortex from patients with AD tended to be higher than those from patients with PA, the authors found extensive overlap between the two groups and suggest that PA is likely to represent a prodromal stage of AD. It is also possible that the quantity of A β is less important than the extent to which it accumulates intraneuronally or that some people are resistant to its effects – perhaps because of genetically determined differences in the inflammatory and astrocytic reactions to A β . The study emphasizes the continuing importance of careful human clinical and post-mortem studies in elucidating the pathogenesis of this disease.

The evidence that Alzheimer's disease (AD) results from excessive intracerebral accumulation of amyloid- β (A β), and of A β 1-42 in particular, seems overwhelming. This is the most straightforward explanation for the development of AD in people with mutations in the amyloid- β precursor protein (APP) gene, duplication of the APP gene locus, or trisomy 21. This explanation fits in with

the documented changes in the relative levels of the different forms of A β in patients with presenilin gene mutations and with the specificity of A β plaques to AD rather than any other disease (unlike aggregates of phospho-tau, which occur in a range of inflammatory, metabolic, and neurodegenerative diseases). Findings from *in vitro* and animal studies have been adduced to support the widely accepted thesis that excessive levels of particular forms and physical species of A β induce a series of deleterious metabolic processes that, over time, cause secondary damage to the brain, manifesting in the formation of neurofibrillary tangles and neuropil threads, dysfunction and degeneration of synapses, and, of course, impairment of cognition.

Why, then, should A β accumulate intracerebrally in large quantities in some people who do not develop neurofibrillary pathology to any significant extent and who remain cognitively intact until death? This phenomenon, sometimes termed pathological aging (PA), is a major challenge to our understanding of AD. Are the levels, forms, and physical species of A β that accumulate in PA truly comparable to those in AD, or are there other explanations for the apparent lack of adverse reaction to A β in some people? In this issue of *Alzheimer's Research & Therapy*, Moore and colleagues [1] address this question in a detailed post-mortem study of the profiles of A β in the prefrontal cortex in three approximately age-matched cohorts: 16 brains from patients with AD, eight from people with PA (characterized pathologically by the presence of numerous diffuse A β plaques but minimal neurofibrillary pathology), and seven from people with very little or no AD-type pathology. Although the levels of A β 1-40, A β 1-42, and N-terminally truncated A β were greatest in AD, there was extensive overlap with PA. This remained the case on further analysis of A β peptides by immunoprecipitation and mass spectrometry: a wider range of truncated fragments of A β was detected in tissue from some AD brains, but no consistent differences were identified between the AD and PA cohorts. The authors did find an intriguing disparity between the AD and PA cohorts in the proportion of cases with cerebral amyloid angiopathy (CAA) in which oxidized A β peptides could

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be detected. Oxidized A β peptides were demonstrated in all 10 AD cases with CAA but in only one of six without CAA, raising the possibility that the presence of oxidized A β promotes the development of CAA (for example, by interfering with the perivascular drainage or endothelial uptake and transport of the peptide) or that CAA increases oxidative stress. In contrast, oxidized A β peptides were detected in as many of the PA cases that did have CAA as those that did not have it, although whether the severity of CAA was comparable in the AD and PA groups is not clear.

Other studies have also documented considerable overlap between the concentrations of soluble and insoluble forms of A β in AD and PA [2,3], but the paper by Moore and colleagues [1] presents the most exhaustive analytical comparison of the A β profile in these two groups. What, then, is the relevance of A β accumulation in the absence of significant neurofibrillary pathology? The present findings do not allow us to determine whether diffuse A β plaques represent a prodromal stage of AD or a benign form of A β accumulation: benign either because it is incidental to the neurofibrillary pathology (for example, if only intracellular A β is pathogenic) or because the people in whom it occurs are resistant to A β toxicity. Resistance could occur at the level of the neuron but could also reflect genetically determined differences in the inflammatory and astrocytic reaction to A β in AD and PA; data from genome-wide association studies indicate that the risk of developing AD is influenced by variation affecting several genes (*CLU*, *CRI*, and *MS4A6A*) that are involved in innate immunity [4-7].

Conclusions

Whatever the eventual explanation, the present findings emphasize, yet again, the critical importance of examining human patients and human brain tissue to test hypotheses derived from studying *in vitro* and animal models of neurodegenerative disease. The study by Moore and colleagues raises several questions. I expect most of the answers to come from further detailed assessment of patients and subsequent detailed post-mortem assessment of their brains.

Abbreviations

A β , amyloid- β ; AD, Alzheimer's disease; APP, amyloid- β precursor protein; CAA, cerebral amyloid angiopathy; PA, pathological aging.

Competing interests

The author declares that he has no competing interests.

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